

SUNY COLLEGE OF OPTOMETRY TRAVEL POLICY **(Updated 12-13-21)**

Introduction to College Travel Rules:

- Essential travel on College business is permitted, so long as the reason for such travel is submitted in writing and approved by both the traveler's supervisor and their respective Vice President, or College President.
- If a College employee travels to another state or country for a reason that is not part of the person's employment nor taken at the direction of the person's supervisor or other College official, such employee will not be eligible for New York's paid COVID-19 leave.

As of June 25, 2021, the New York State Travel Advisory is no longer in effect. As such, travelers arriving in New York are no longer required to submit traveler health forms or quarantine. All travelers, [domestic](#) and [international](#), should continue to follow all CDC travel requirements.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>.; and

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

International Travelers Arriving in the United States:

International travelers must comply with all CDC **requirements** for international travel. While the CDC does not prohibit international travel for unvaccinated persons, it does **strongly recommend** that international travel be delayed until the traveler is fully vaccinated. If you are not fully vaccinated and must travel, please pay careful attention to the CDC's guidelines for such travel which can be found on its website at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>.

Current CDC policy requires that **all** passengers arriving in the United States by air from another country must, prior to boarding their flight to the United States, show the airline either:

- 1) Documentation of a negative COVID-19 test taken **no more than 1 day before** travel; or
- 2) Proof of having recently recovered from COVID-19 via documentation of a positive COVID-19 viral test on a sample taken no more than 90 days before your flight's departure from a foreign country **and** a letter from a licensed healthcare provider or a public health official stating that you were cleared to travel.

The CDC does **not** currently require asymptomatic travelers to either quarantine or test upon returning to the United States. However, the CDC does recommend that **all** returning travelers (except those who recovered from COVID-19 within the past 90 days):

- 1) Get tested for COVID-19 3-5 days after travel;
- 2) Self monitor for COVID-19 symptoms and isolate and get tested if you develop symptoms; and
- 3) Follow all state and local recommendation or requirements after travel.

For unvaccinated travelers, the CDC additionally recommends that you:

- 1) Stay home and self quarantine for a full 7 days after travel, even if you test negative at 3-5 days;
and
- 2) If you don't get tested, stay home and self quarantine for 10 days after travel.

Travelers Arriving by Land or by Ferry from Canada:

While the United States and Canada have limited non-essential travel at shared land ports of entry, essential travel, such as work and study, are still permitted. Moreover, U.S. citizens, lawful permanent residents and individuals with valid travel documents are exempted from the restrictions. For more information on the restrictions of such travel, see <https://ca.usembassy.gov/travel-restrictions-fact-sheet/>. Travelers who enter the United States by land or at ferry terminals do not require proof of a negative test. In addition, U.S. citizens and lawful permanent residents do not need to provide proof of vaccination when arriving by land or by ferry.

In addition, certain Canadian provinces have implemented specific restrictions for travel across their borders, including for domestic travelers. Please see the [COVID-19 Information Page](#) for more details on Canadian point of entry restrictions.