

Protocol - Living with an individual who has tested positive for COVID-19

If you live with someone who has tested positive for COVID-19 please follow the guidelines below:

- Make sure the individual who has tested positive is able to isolate properly in their own bedroom away from all others in the household
 - **If they are unable to properly isolate themselves in a separate bedroom, the positive person may call NYC Health & Hospitals 1-844-692-4692 for free hoteling and meals during their 10 day isolation period.**
- Masks should be worn at home by all members of the household. Make sure to maintain social distancing in any shared areas and limit exposure time as much as possible. Disinfect commonly used surfaces often, as well as frequent handwashing.

Follow the guidelines below depending on your current vaccination status:

- **For those “current” with their COVID vaccinations** - *i.e., at least 14 days since your booster shot OR you are not yet eligible for a booster (within 5 months of your 2nd dose of Pfizer, within 6 months of your 2nd dose of Moderna or within 2 months of your Janssen COVID-19 vaccine dose):*
 - **If you are exposed to a positive case at home and meet the above definition of “current” with your vaccinations, there are no work restrictions and there is NO requirement to test or quarantine as long as you are asymptomatic. You do not need to inform the COVID Coordinator and you can return to the College.**
 - If you experience symptoms of COVID-19, you should not be on campus, should notify your supervisor /instructor of record, and test as soon as possible. If your rapid antigen test is negative and you are experiencing symptoms, you should stay home and follow up with a PCR test to confirm. You should notify your supervisor /instructor of record.
- **For those not-fully vaccinated or who have not received their booster but are eligible:**
 - If you have a **rolling exposure** (i.e., live with the positive case):
 - **test immediately after learning of exposure (day 1) – rapid antigen or PCR**
 - attempt to distance yourself from positive case and wear an ASTM Level 2 mask while at the College for the next 14 days while you wait for your results.

- practice social distancing from other SUNY members at all times except when job duties do not permit such distancing
- separate themselves from others by at least 6 feet when mask must be removed (e.g., when eating or drinking)
- **test on day 3 post exposure (rapid- antigen or PCR) and can remain at the College while you await your test results**
- **test again between days 5-7 post exposure (rapid- antigen or PCR) and can remain at the College while you await your test results**
- *if at any time you become symptomatic, you need to stay home and test immediately.*
- *if one of the tests comes back positive, you need to stay home and contact the COVID Coordinator*

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