



STATE UNIVERSITY OF NEW YORK
COLLEGE OF OPTOMETRY®

CAREER DEVELOPMENT CENTER

Family of Mentors Program Overview

2023-2024 Academic Year



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COLLEGE OF OPTOMETRY



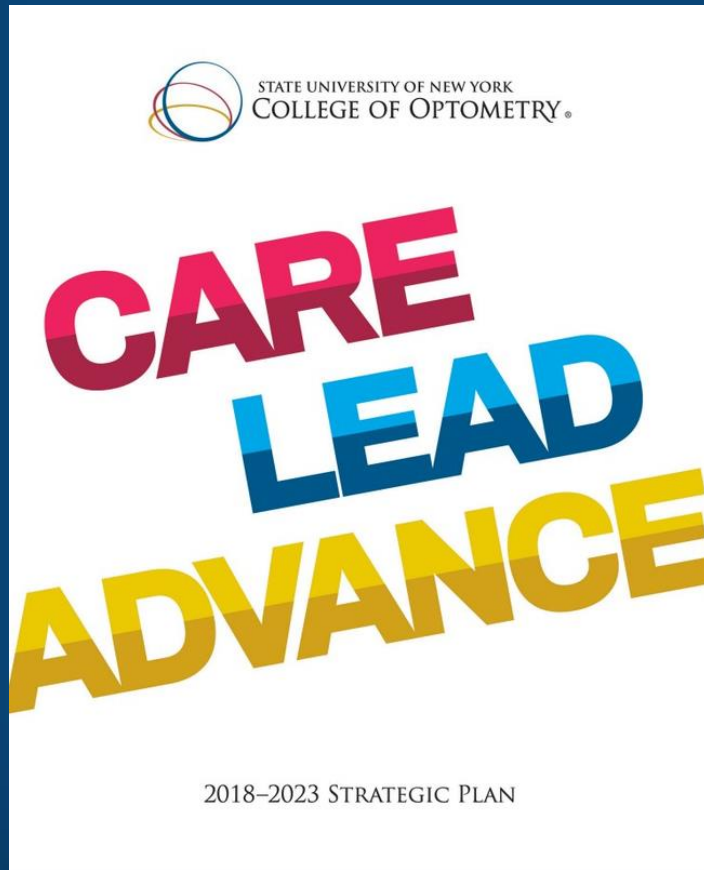
What is Our Family of Mentors Program About?

- Online (and in-person) program developed to:
 - match each OD student with an OD of choice, utilizing the vast network of alums in our SUNY Eye Network
 - enhance students' personal, academic, and career development
 - expand professional networks for students and mentors





This Comes Directly From Our Strategic Plan



- Goal 1: Enhance the student experience through programs that promote student and alumni success
 - Develop meaningful connections between students and alumni that support career development, placement, networking, and continuing education



Program Goals

- Enhance students' academic and career development, and overall satisfaction at SUNY
- Help students think about and refine career goals earlier
- Provide students an opportunity to learn how to develop a professional network
- Establish strong relationships between students and mentors that last beyond SUNY
- Provide a meaningful avenue for alumni, professional organizations, and partners to stay connected with the College.



Program Expectations for Mentors

- Go over this overview of the program
- **Set aside a minimum of 1 hour per month**
 - Communicate with mentees via email, phone, meet in person, Zoom, Facetime, Google Hangouts, etc. Our mentees will work with you to figure out best way.
- OD mentor matched with 3rd year or 4th year, for the whole academic year (running until May 2024)
 - Each year, the mentor/mentee match is evaluated
 - If student is a 3rd year, and relationship is going well, with OD agreement, may extend to their 4th year as well
- Try to meet with mentee, if possible. This may mean meeting for a meal, meeting at a conference, or even letting student shadow you at your practice if that is an offer. We encourage meeting up!



Contact Us if You Have Questions!

- Quy H. Nguyen, OD – Director of Career Development Center
 - 212-938-5505 | qnguyen@sunyopt.edu
- Mentoring resources for mentors will be housed at:
 - www.sunyopt.edu/mentoring

